

Following Faith

The Monthly Newsletter of
Faith Lutheran Church

OCTOBER 2014



**We Grow What
We Feed**

I had a seminary professor who suggested to us students that we take on a new habit. He proposed that upon the moment of waking each morning, as soon as we became self aware, we would say the word, "God," (respectfully of course). The object in doing so was that we would make the proper connection for the beginning of the day. He claimed that such a gesture would not only begin our day with appropriate perspective, but continue it as well. "Think of it as your 'spiritual breakfast,'" he would say, "Who knows where such a reminder might lead?"

An old Cherokee once told his grandson about a fight that was going on inside of him. He said it was between two wolves. One was filled with envy, greed, arrogance, self-pity, gossip, resentment, and false pride. The other was filled with joy, peace, love, hope, serenity, humility, kindness, generosity, truth, compassion and faith. The grandson thought about it for a moment and then asked his grandfather, "Which wolf do you think will win?" The old Cherokee replied, "The one I feed."

We've all heard it said, "Begin your day with a good breakfast. It can make all the difference in the world." I suppose we can make that case, both physically and spiritually. Concerning the latter, what better way to begin than with the "Beginning" itself? Just say the word, which always translates to what we know as The Word... the Word which promises to change everything, the Word that became flesh. Imagine what one word might do! Change our words for the entire day? Well, you never know? Your day has to start somewhere. Give it a beginning word... the Word. It might just change everything.

Pastor Steve



Faith Lutheran Church
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Sunday morning worship: 10:30 a.m.
Adult Bible Study: 9:15 a. m.
Sunday School: during worship

The Rev. Stephen L. Cordes, Pastor

Church Council Officers:

David Truland (President)
Sara Martin (Vice President)
Barbara Boord (Treasurer)
Joyce Duncan (Secretary)
Fred Howard (Financial Secretary)

Council Members

Errol Bull (Property)
Joyce Duncan (In Reach/Out Reach)
Bill Jarosz (Property)
Bev Lanteigne (Property)
Sara Martin (Education)
Michael Moroskey (Property)
Carol Perott (Missions)
Carolyn Rouse (History)
Donna VanZandt (Worship)
Stephanie Wagar (In Reach/Out Reach)

AMONG OUR PEOPLE

Sick and Recuperating: **Beverly Lanteigne** underwent surgery at St. Peter's Hospital and is home and recuperating quite well. **Brad Maloney** is recuperating from surgery on the back of his knee and will have some follow up surgery in the near future. **Linda Hulihan** had surgery at Albany Medical and as of this writing is expected home soon. **Joe Zepf** has been diagnosed with lung cancer and continues to live out his days comfortably at Albany County Nursing Home. **Dorothy Benziger** continues to recuperate at home in Florida after spending months in the hospital due to cardiac and respiratory problems. **Ben Wagar** has finished treatments and is hopeful that this therapy has remedied his diagnosis.

Confirmed: **Mercedes Matzen, Nicolas Matzen, and Marissa Matzen** made Public Confirmation of their Christian faith on September 4th.

Deaths: **Lonny Lanteigne**, husband of Beverly Lanteigne and father of Kim and James, died following a short illness on September 1st. A funeral service was held from Faith Church on September 4th. A memorial service was held for **Jean Lewis Sliter** on September 6th at Faith. Jean died March 27th following a two year battle with cancer. She was the wife of Raymond and mother of Jeffery and Brian. **Douglas Kurick** died following a brief illness on September 19th. The burial service was held at Faith on September 22th. Doug was father to Douglas, Jr., Diane, and Donna. We extend our Christian sympathy to the family and friends of these beloved saints

COUNCIL SUMMARY

The Council has scheduled a special meeting of the Congregation for Sunday October 19, 2014 to discuss the refinancing of the existing mortgage loan on the Annex Property.

In addition to the mortgage refinancing, the Property Committee will discuss the need for a new furnace/water heater and the costs associated with the replacement.

Donna Van Zandt will speak on purchasing a defibrillator for emergency uses.

For any concerns or problems please advise us. Our next schedule meeting is Monday November 3, 2014.

Joyce Duncan, Secretary



The Sunday School year is underway! The first day was September 21st and we had a full house. After meeting and/or communicating with the parents and teachers we have decided to make a few changes in the standing Sunday School schedule. First, we will be experimenting with holding Sunday School during the first part of the service and then having the children come in during the offering and remaining in church for the rest of the service. This will give the kids that have received First Communion the opportunity to join in with the Congregation for Communion. Second, we will be having Sunday School three Sunday's each month. Since we have three teaching teams this seemed to make the most sense and will also allow the children to attend the entire service once a month if they so desire. The schedule for the first half of the year is included below and will be posted on the Sunday School bulletin board.

Finally, now that the older children have received First Communion, we are going to start working on getting an acolyte program together, more on that to come.

It is great to be back, we are looking forward to another successful year. Please let me know if you have any questions or comments. Thanks!

SUNDAY SCHOOL SCHEDULE:

September 21 and 28

October 5, 19 and 26

November 2, 9 and 16

December 7, 14 and 21 (The 14th will be the Christmas Program and Party)

Sara Martin, Education Director

CHOIR REHEARSAL

Choir rehearsals are generally held every Thursday at 7:00 p.m for about an hour. Anyone interest in joining is welcome to come and enjoy singing our praises to the Lord.

SERVING FAITH OCTOBER

Oct. 5	Altar	Evelyn Jarosz and Lou Ann Behrens
	Lay Assistant Ushers	Rich Anderson Rikki Franklin and Ron Moss
	Counters	Joyce Duncan and Carol Perrott
	Coffee Hour	Irene Pagel & Carolyn Rouse
Oct. 12	Altar	Evelyn Jarosz and Lou Ann Behrens
	Lay Assistant Ushers	Bob Gibson Roberta and Rob Hayward
	Counters	Irene Pagel and Carol Perrott
	Coffee Hour	The Speanburg Family
Oct. 19	Altar	Roberta Hayward and Pam Perras
	Lay Assistant	Donna Gibson
	Ushers Counters	Beth and Joe King Evelyn and Bill Jarosz
	Coffee Hour	Tracie Maloney
Oct. 26	Altar	Roberta Hayward and Pam Perras
	Lay Assistant Ushers	Aaron Cordes Barbara Boord and Pauline Lupo
	Counters	Lou Ann Behrens and Janet Walsh
	Coffee Hour	Heather and Errol Bull

*If you are unable to serve on your assigned Sunday,
please arrange to trade dates with another assistant.
Thank you in advance for your assistance.*

*Donna Van Zandt, Worship Chairperson.
Schedule for Altar Guild by Pam Perras
Schedule for Coffee Hour by Heather Bull*

FLOWERS FOR SEPTEMBER

- Oct. 5** In memory of Harold A. Behrens, Jr.
Given by the Behrens Family
- Oct. 12** In honor of the Truland Birthdays.
Given by the Truland Family
- Oct. 19** In honor of Molly's baptism
Given by Sara, John and Timmy Martin
- Oct. 26** In memory of Gwen Lillian Lynch
Given by Janet Walsh



**WOMEN
OF THE
ELCA**

WELCA resumed monthly meetings in September. The October meeting will be Tuesday, October 21 at 10 AM at the church. We will actually begin the new Bible Study (hopefully illness does not interfere this time.)

The Hudson Mohawk Fall Assembly was held at Zion, Athens on September 20 with Evelyn Jarosz and Donna Gibson attending. Eight churches were represented. Each church in attendance gave a brief history of their church and the various service projects their unit is involved in. Pastor Loretta Dietrich led the Bible Study on the Daughters of "Z", a very interesting story that has impacted women's lives ever since. Due to these women's speaking up, women were allowed to inherit property. A lovely luncheon was served and all participated in the closing communion service.

October 3-5 is the annual Upstate NY WELCA convention in Syracuse. Joyce Duncan will be our delegate and Donna is attending as well. Look for a report next month.

ROBERT GIBSON WINS STATE AWARD

(The following information is taken from a press release by the New York State School Boards Association)

Bob Gibson has been named as the recipient of the 2014 Everett R. Dyer Award for Distinguished School Board Service. The honor by the New York State School Boards Association is the highest tribute the organization bestows upon a school board member and it is presented in recognition of extraordinary service to public education and the children of his or her community.

Bob has served on the Questar III BOCES for 21 years, including the past 13 years as the board president. He previously completed nine years of service with the Brittonkill Central School Board, including eight years as president. Gibson has also served on the Tech Valley High School Operating Board since its inception.

The award will be presented at the NYSSBA Annual Convention in New York City on October 26th.

Congratulations Bob from all your fellow members of Faith



DINNER CLUB

The annual Hog Roast at the Howard Farm was its' usual success. A day of great fellowship and fun was had by all attendees. Thanks to all who were involved in making this day a wonderful time for young and young at heart alike.

The October Dinner Club is October 11, 2014. Cocktails 6:30 PM with dinner at 7:00 PM. Be sure and make your reservations with the host committee.

BARBARA BOORD ACTING NEWSLETTER EDITOR/COORDINATOR

Barbara Boord is coordinating the Newsletter efforts. Hard copies of the Newsletter will be available at church for pick up when you are present.

You may go to the web site at: www.faihlutheranchurchtroy.com any time and see the newsletter there.

We will email you a copy if you send your email address directly to Barbara at her email address shown below.

At your request, we will be happy to send you a copy via the USPS.

Volunteers to assist with folding, sealing and mailing are needed. If you can help contact Barbara, or if you have information to get into the newsletter, her email address is: barbboord@hotmail.com.

NEWSLETTER DEADLINE

The November newsletter deadline is Monday October 20th. Please place your articles in the box in the Church office, or email them to barbboord@hotmail.com by Monday morning.